

CHEER SOLO/DUO/TRIO SCORE SHEET

CRITERIA	Total Possible
JUMPS	5.0
TUMBLING	5.0
MOTIONS/DANCE	5.0
SHOWMANSHIP/PROJECTION	5.0
OVERALL IMPRESSION	5.0

SCORE GUIDELINES

JUMPS – 5.0

Judges will be evaluating the athlete(s)' presentation of difficulty and technique. Strong fundamental factors would include but not limited to:

- Leg and foot positioning
- Upper body posture and core positioning
- Speed, Landings, Synchronisation (if appropriate)
- Variety
- Jumps performed in connection with other jumps

TUMBLING – 5.0

Judges will be evaluating the athlete(s)' presentation of difficulty and technique. Strong fundamental factors would include but not limited to:

- Standing and Running Skills
- Arm, Leg, Foot, Head Positioning
- Level Appropriate Quantity and Variety
- Speed, Landings, Synchronisation (if appropriate)
- Skills performed in connection with other tumbling or jump skills

MOTIONS/DANCE – 5.0

Judges will be evaluating the athlete(s)' presentation of difficulty and technique. Strong fundamental factors would include but not limited to:

- Incorporation into routine
- Variety and definition of fundamental motion technique
- Utilization during jumps, transitions, dance section
- Placement, Sharpness, Strength of Movement
- Synchronisation (if appropriate)

SHOWMANSHIP/PROJECTION – 5.0

- Judges will be evaluating the athlete(s)' presentation of performance. Strong fundamental factors would include but not limited to:

- Natural facial expression
- Memory and confidence
- Connection with the music and projection of performance enthusiasm to audience.

OVERALL IMPRESSION – 5.0

Judges will be evaluating the athlete(s)' presentation of a true genuine performance. Strong fundamental factors would include but not limited to:

- The feeling the judge is left with because of how the above categories are performed
- Continuity of transitions between skills
- Creative combinations of skills
- Unique use of skills
- Entertainment value and Wow factor